

# Nina

## The Human Approach

It's as basic as ABC and as easy as counting 1 to 10,  
it works on an individual level, group level & leadership level.

If you **accept**  
these 10 things



And **believe**  
these 10 things



Your **capital gain**  
will be these 10 things

**A**cceptance + **B**elief = **C**apital

1. Born curious
2. Able to learn
3. Unique through experience
4. Value is perceived
5. Need to feel loved
6. Emotions are good
7. Change means breaking habit
8. Awareness is iterative
9. Listening provides answers
10. Imagination is awesome

1. Authenticity
2. Contribution
3. Respect
4. Fair share
5. Belonging
6. Good stress
7. Reframing
8. Non-judgemental
9. Caring
10. No limits

1. Accountability
2. Productivity
3. Trust
4. Equality
5. Unity
6. Divergent thinking
7. Continuous improvement
8. Positive challenge
9. Momentum
10. Power

**ABC** outcomes

**A**ction

**B**ehaviour  
change

**C**onfrontation

Don't be scared of this, we  
need disruption – embracing  
confrontation is enjoyable &  
healthy (is actually a stress  
buster!). It moves us forward.